10-Minute Security Health Check
Is Your Business Cyber-Ready?

AwareSecureCo

Basic Cyber Hygiene

1. Do you use unique, strong passwords for all accounts (not reusing the same one)? ☐

2. Do you have multi-factor authentication (MFA) enabled on important accounts (email, banking, admin systems)? ☐

3. Are all your business devices (computers, phones, tablets) protected with the latest security updates? ☐

Employee Awareness & Training

4. Have all employees received cybersecurity awareness training in the past 12 months? ☐

5. Do employees know how to identify phishing emails and social engineering attacks? ☐

Data Protection & Access Control

6. Do you back up your critical business data at least weekly and store a copy securely offline? ☐

7. Are access controls in place to ensure only authorised employees can access sensitive data? ☐

Incident Response & Risk Management

8. Do you have a plan in place for how to respond to a cyberattack or data breach? ☐

9. Have you tested your incident response plan in the past year? ☐

10. Do you have cyber insurance or financial protection in case of a cyberattack? ☐

Scoring & Results:
8 - 10: Your business is in great shape, but there's always room for improvement!
5 - 7: You're on the right path, but some key areas need improvement.
0 - 4: Your business is at high risk—take immediate action!